

TEN DIVINE MESSAGES "SANGHA-BANI"

- **What is the Goal?**

Self-Realisation, Universal Emancipation

- **What is religion?**

Self-Sacrifice, (Self-abnegation) Self-discipline,
Adherence to truth and Continence.

- **What is real Death?**

Forgetfulness of the "Self"

- **What is real Life?**

Self-realisation, Self-remembrance and Self-consciousness.

- **What are real virtues?**

Heroism, Virility Manliness and Aspiration for emancipation.

- **What are real Sins?**

Weakness, Fear (Defeatism) Cowardice, Meanness and Selfishness

- **What are real sources of Strength?**

Patience, Fortitude and Endurance.

- **What are real Assets?**

Self-confidence, Self-reliance and Self-respect.

- **What are real Enemies?**

Indolence, Slumber, Procrastination, Inertia, Lustful senses and passions.

- **What are real Friends?**

Energy, Enthusiasm and Perserverance



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